

Cleaning tips to help clear the air

Regular cleaning can go a long way toward controlling contaminants inside your home's air.

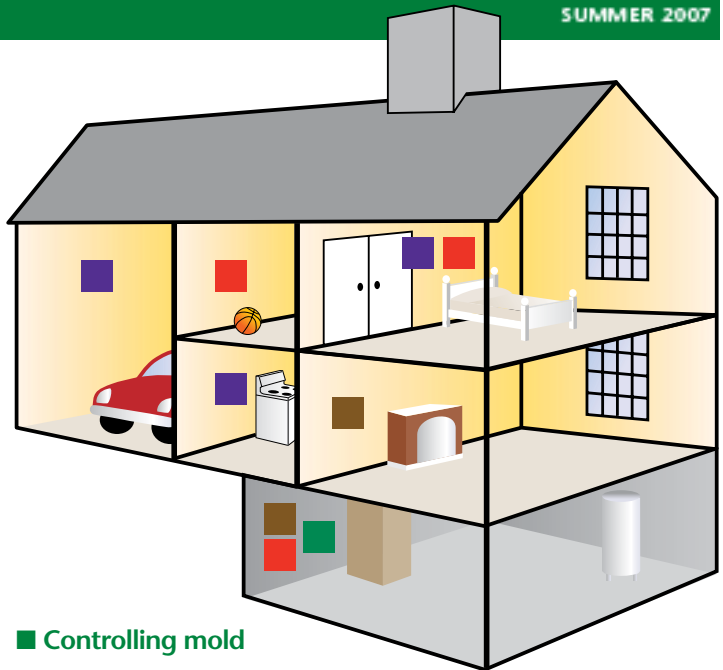
■ Controlling dust, dirt and other particles

- Dust your home regularly with a damp rag so you don't stir up particles. Afterward, vacuum at least once a week using a vacuum with a HEPA filter.
- Always remove shoes at the door to avoid tracking in dirt, pollen and lead particles.
- Keep pets outdoors as often as possible. Make sure to frequently bathe them and wash their bedding.
- Keep your heating and air-conditioning system well maintained, and have your ducts cleaned.

■ Controlling dust mites

- Use hot water (at least 130 degrees) and high heat to clean sheets once a week, and mattress pads, blankets and comforter covers once a month.
- Children's stuffed animals can either be washed in hot water or placed in a plastic zipper bag in the freezer overnight to kill dust mites.
- Use airtight plastic covers or allergen-proof fabric covers to encase mattresses, box springs and pillows. Mattresses can be cleaned with a vacuum designed for allergen filtration, or treated with an allergen spray available from home stores.
- Regularly change the filters on your heating and air-conditioning system.

*Concerned about your air quality?
 Visit www.Lennox.com to find out about
 whole-home air cleaners and other
 Healthy Climate® solutions.*



■ Controlling mold

- Stop any water leaks before you try to clean mold to limit its future growth.
- Clean mold from hard surfaces such as ceramic tile with dishwashing liquid followed by a solution of bleach and warm water.
- Water-damaged carpets, bedding and furniture should be cleaned and dried within 24 to 48 hours, or replaced.

■ Controlling odors and chemicals

- Store household cleaners, paint solvents and chemical products in tightly sealed containers. If possible, keep them outdoors.
- Avoid using scented deodorizers and odor-masking air fresheners, which may contain toxic chemicals.
- Air out your dry-cleaned clothes before hanging them in your closet.
- Plan craft and home-improvement projects for mild days, when workspaces can be comfortably ventilated.
- Choose furnishings that emit the smallest possible amount of chemical vapors.
- Do not allow smoking inside your home and make sure all gas appliances are properly vented.